



## Investment Performance

Following is the performance of our American Values portfolio, before fees and expenses. The S&P (total return) figures are calculated for year-to-date and cumulative as of 4/29/09.

	Year to Date Jan - Sep 09	Inception to date	Inception date
Am Hero 100	+ 13.05%	+ 20.95%	4/30/04
S&P 500 TR	+ 19.26%	+6.04%	4/30/04

## Investment and Market Commentary

Third Quarter 2009

George Parks, CFP  
Investment Committee Chairman

The S & P 500 has increased nearly 60% from its March 2009 lows. It is up over 15% for the third quarter. It appears much of the increase has been driven by predictions that the recession is over and we are moving into a period of rapid growth. As companies begin to release earnings for the third quarter it will be interesting to see if there is fundamental support for the rise in stock prices. The wide spread cost cutting efforts, lower inventories, conservative expectations, and less than stellar performance last year could provide more indications of recovery. Fourth quarter earnings results could be even more favorable given the financial write offs and dismal retail sales from last year's fourth quarter. All support recent gains and point to future gains.

The conundrum is earnings have continued to fall since March and analyst consensus predicts further erosion in the third quarter. To support current market valuations earnings need to grow significantly. Cost cutting is a big step in the right direction; however revenue growth will be needed to boost earnings to match stock prices. If companies are forced to reduce prices to grow revenues earnings growth will be very difficult. Many retailers have reported better than expected September sales, some by a wide margin, a good sign for revenue growth in the fourth quarter.

History points to a rapid economic recovery. In the past deep recessions have usually been followed by strong economic growth with gross domestic product reaching pre-recession levels in less than a year.

History also indicates we may be in a range bound or flat market that usually last around 15 years. If we are in a range bound market, the next question is when did it begin? It could be argued that it began in 2000 with the popping of the tech bubble with around five years to grow from previous highs. It will take another 50% in growth to reach previous highs. 10% a year would not be too bad. It could also be argued that a range bound market began in 1997. The March 2009 lows were last seen in 1997. In that scenario we may have less than three years to make up the difference and start the next extended bull market which historically last around 15 years.

The extended bull markets have usually begun with S & P 500 price earnings ratios around 10 and ended with ratios in the mid to upper 20's. Currently the ratio is pushing 20, further indication we need significant earnings growth to support market price recovery and then move to the next era of stock price appreciation. If we do not see consistent earnings growth we could see some pretty volatile markets. The biggest risks are major geopolitical events and constraining public policy.

Investment merit is a key component of our investment strategy. As mentioned in the previous commentary, we consider only the stocks from our American Hero Universe for inclusion in the American Values Portfolios. Those stocks are separated by sector and then ranked within their respective sectors by investment merit. Fundamental analysis is used to determine individual rankings. Companies are evaluated based on their long term growth records, financial strength, earnings ability, and competitive advantage. Before a stock is added its valuation is considered.

Academic studies indicate ade-

quate diversification can be achieved with 10-12 stocks. We currently hold 24 stocks in our portfolio, which are spread across 8 of the 10 sectors (technology, health care, and etcetera). Our strategy is to always represent at least 7 of the 10. The 3 smallest sectors represent about 3% each of the total market. Within these sectors we select from different industries, within health care we have home healthcare, medical equipment, and medical instruments. We evaluate economic trends and public policy for sector allocation opportunities. For example when it is determined the recovery is on firm footing we will favor the consumer discretionary, materials, and industrial areas. As the economy is trying to recover the technology area has good potential. In the future I will address concentration and stock weightings.

The American Values portfolio performed well during the second quarter with results similar to the markets. Our year to date performance still lags some, but our longer term performance is very competitive. The best performing stocks during the last quarter were Caterpillar, Anadarko Petroleum, Cognizant Technology, and Aflac. The disappointments for the quarter were Cass Information Services, Hormel, and McCormick.

*Note: Please contact your advisor if there are any changes in your financial situation or investment objectives, or if you wish to impose, add or modify any reasonable restrictions to the management of your account. Our current disclosure statement is set forth on Part II of Form ADV and is available for your review upon request.*

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